

Worth County Guide *Spring 2007*

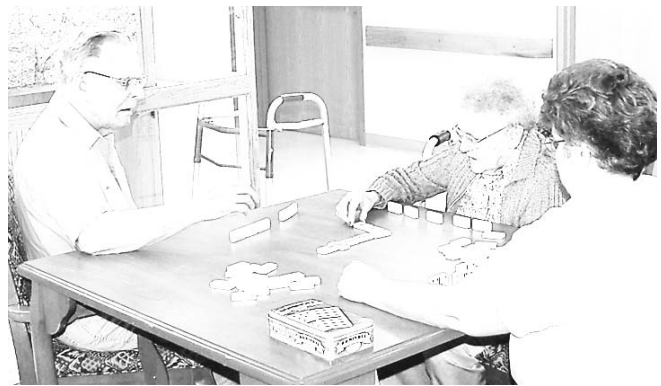
There is a reason why they call it home!



Choosing to enter a nursing home is one of the toughest decisions you or your family will make. Choosing the right facility is more difficult. **Lutheran Retirement Home** strives to provide you or your loved one with an atmosphere that is caring, compassionate and home-like.



Lutheran Therapy Clinic
provides Physical, Occupational
and Speech Therapy.



The Memory Unit, designed with twelve spacious private rooms, is designed to provide a secure, calm, home-like setting. A common dining room, outdoor courtyard, living and activity areas, allows our residents to live in an environment they are already accustomed to.

Lutheran Retirement Home has an excellent nursing department which provides:

- Skilled nursing services
- Intermediate level nursing services
- Restorative nursing
- Individual Plans of Care



Dr. Truman & Miriam Mostrom, and "Toby" in their Maple Court Apartment.

Maple Court

In the true tradition of the Lutheran Retirement Home, Maple Court is designed to provide affordable senior housing with a health care touch. Whether you require medical support from Worth County Public Health Nursing Service, or can maintain a totally independent lifestyle, Maple Court is the distinctive senior housing alternative worth checking into.



Lutheran Retirement Home
700 10th Street North
Northwood, Iowa 50459

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Contact Patti Brekken
for more information at
641-324-1712

Locally Owned & Operated Non-profit Facility

2007 *Worth County Guide*

Presented By:
Worth County Public Health
95 9th Street North
Northwood, Iowa 50459

(641) 324-1741
www.worthcounty.org



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Phone (641) 324-1051
Fax (641) 324-2432

*Serving Worth County
since 1869!*

WORTH COUNTY

Public Health

Education

- Substance Abuse Prevention
- QuePASA Coordination
- Daycare/Preschool Program

DEDICATED TO THE HEALTH
OF OUR COMMUNITY

MISSION STATEMENT

Enhancing the quality of life within our community through innovative public health initiatives.

VISION STATEMENT

Building an integrated community health system supported by public and private partnerships to meet new and ongoing health challenges.

AGENCY PHILOSOPHY

We believe that health care is a basic human right. It must be available, coordinated and provided in a comprehensive manner in conjunction with other human services when appropriate. Home health care is part of the continuous health care system and will be provided in the most cost effective way possible.

Governed by the Worth County
Board of Health
Call 641-324-1741
or 800-765-1388
for more information

Home Care

- Nursing
- HCA
- Homemakers
- Therapy OT/PT/Speech

Services

- Free B/p
- Transit
- Sanitation
- Nail Clinics
- Cholesterol Panels

Programs

- Respite Care
- Waiver Case Management
- Family Connection, Prenatal
- Mentoring
- Maternal Health

Prevention

- Immunization
- School Nursing
- Bioterrorism Planning

Screenings

- BCC
- Senior Health Clinics
- Lead Screenings
- Health Screenings

“Always there to care.”

IMMEDIATE CRISIS ASSISTANCE

Manna of Worth County serves those in need of temporary or short-term assistance. Manna offers food, personal hygiene products, paper products, and perishable products; phone numbers of many services and agencies, and a cookbook for reference. There are no requirements, no minimums, no forms, and no questions asked to receive the aid of Manna. To receive the services of Manna simply contact Tom Sculley at 641-324-1771 (work) or Chuck Stock at 641-324-2597.

The Share Shoppe of Worth County serves those in need of clothing, household items, toys, and furnishings. These items come from donations from the community. There is no cost for the items taken out. A free will donation is appreciated. The Share Shoppe is located at 827 Central Avenue in Northwood. The hours of operation are Thursdays 1:00 - 4:00 p.m. and Saturdays 9:00 a.m. - 12:00. This service is provided by area churches. Contact number 641-324-2167.

CRISIS & EMERGENCY SERVICES

EMERGENCY911

Worth County Emergency Management Agency	641-324-1535
Worth County Sheriff Services	641-324-2481
Northwood Police Department	641-324-1500
Manly Police Department	641-454-2114
Iowa State Patrol (Highway Emergency)	800-525-5555
Red Cross Mason City	641-424-2452
Red Cross/Austin, MN (covers our area)	507-437-4589
Child/Dependent Adult Abuse	800-362-2178
Catholic Charities	800-722-2758
Crisis Childcare	800-289-3000
Crisis Intervention Center.....	800-479-9071
Domestic Abuse Hotline.....	800-942-0333
IA Lutheran Hosp/Des Moines-Suicide Hotline	800-247-0614
Poison Control Center.....	800-272-6477
Substance Abuse Information Center.....	800-247-0614

Northwood

"Top of Iowa"

Population: 2050 (2000 census)

Township: Grove

Founded: 1858

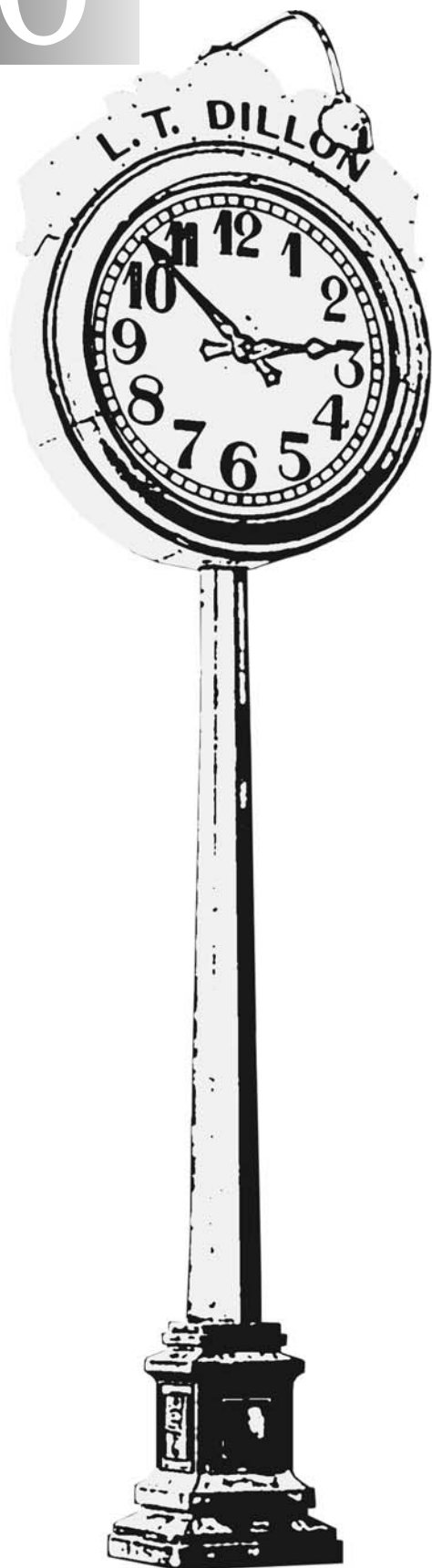
School District: Northwood-Kensett

The city of Northwood is the most populated city in Worth County. This can be attributed to its status as county seat, its location four miles south of the Minnesota border, and the fact that two major highways run through the city. Highway 105 runs east and west through the city, leading to Interstate 35 and the Diamond Jo Casino to the west. Highway 65 runs north and south through the city, leading to Albert Lea to the north and Mason City to the south, both relatively equal distances.

Northwood's history can be traced back to the first residents of Worth County, Gulbrand and Karina Mellem, who settled in the area in 1853. Five years later, the group of Charles Wardall, Joel Dayton and Lemuel Dwelle surveyed the town site. The official plat for the town of Northwood was filed for record on September 21, 1858.

Referred to as the "Top of Iowa," Northwood's border location makes it a popular and convenient destination for many area residents for taking care of any number of consumer needs, whether it be fuel, grocery or other shopping.

It's location as county seat also means that Northwood is home to the Worth County Courthouse. The historic courthouse and nearby facilities are a home to a majority of Worth County's public offices, including the auditor, reporter, technology coordinator,



assessor, supervisors, court facilities, public health and sheriff department.

Northwood is also home to the Worth County Fairgrounds, which is a popular location for many area events and each June draws hundreds of visitors who take part in the Worth County Fair.

Northwood's grain elevator, located on the east side of the city has made Northwood an important agricultural center for area farmers.

Northwood has been a longtime home for some of Worth County's biggest industrial facilities, with several factories in operation around the city.

Another important facet of Northwood is the many historic buildings and landmarks located throughout the city. Recently, The Northwood Central Avenue Historical District was added to the National Registry of Historic Places. The district is bound by Fifth Street on the west, Ninth Street on the east and includes 54 buildings, 40 of which are considered as contributing historic structures.

Northwood is the home to the Worth County Historical Society's Main Museum, Swensrud Schoolhouse, Machinery Museum, Gladys Pixley Memorial Loghouse, Old Creamery Museum, LT Dillon Clock and horse drinking fountain.

Northwood has abundant recreation opportunities thanks to several parks. Swensrud Park contains wide-

open spaces, a shelter house, playground equipment, a disc golf course, picnic areas and more. Hurd Park contains three ball diamonds that provide a popular spot for ballplayers of all ages. Downtown Northwood's Central Park includes basketball courts, a skate park and plenty of green space for picnics and relaxation.

Northwood has been a longtime hub of education for Worth County. Northwood's first school was built in 1858. The Northwood Independent School District was formed in 1873. In 1958 the Northwood district joined with Kensett school's to become the Northwood-Kensett School District. Initial enrollment numbers totaled 1,074. N-K events are some of the most popular activities for the community.

Another important facet of the community is the Northwood Volunteer Fire Department, whose members respond to fire and rescue calls in Northwood and the surrounding area. The NVFD is made completely of volunteer members and the department is funded completely by donations from the community, one of the few remaining fire companies in the nation to do so.

Due to its history, location, the many services provided and more, Northwood is just one of the great communities that make Worth County a great place to live.

Manly

Population: 1342 (2000 census)

Township: Lincoln

Founded: 1877

School District: Central Springs (2007)

The history of what is now Manly stretches back as far as 1871 when the Central of Iowa Railroad laid track between Mason City and Northwood. Then, in 1877 the Burlington, Cedar Rapids and Northern Railroad (BCR&N) joined track with Central of Iowa, naming the site after Central of Iowa's freight agent, J.C. Manly.

A post office, the first hotel, and a dry goods store were all established in 1877, and by 1884 a few stores and residences had been built near the junction; the town of Manly Junction was platted.

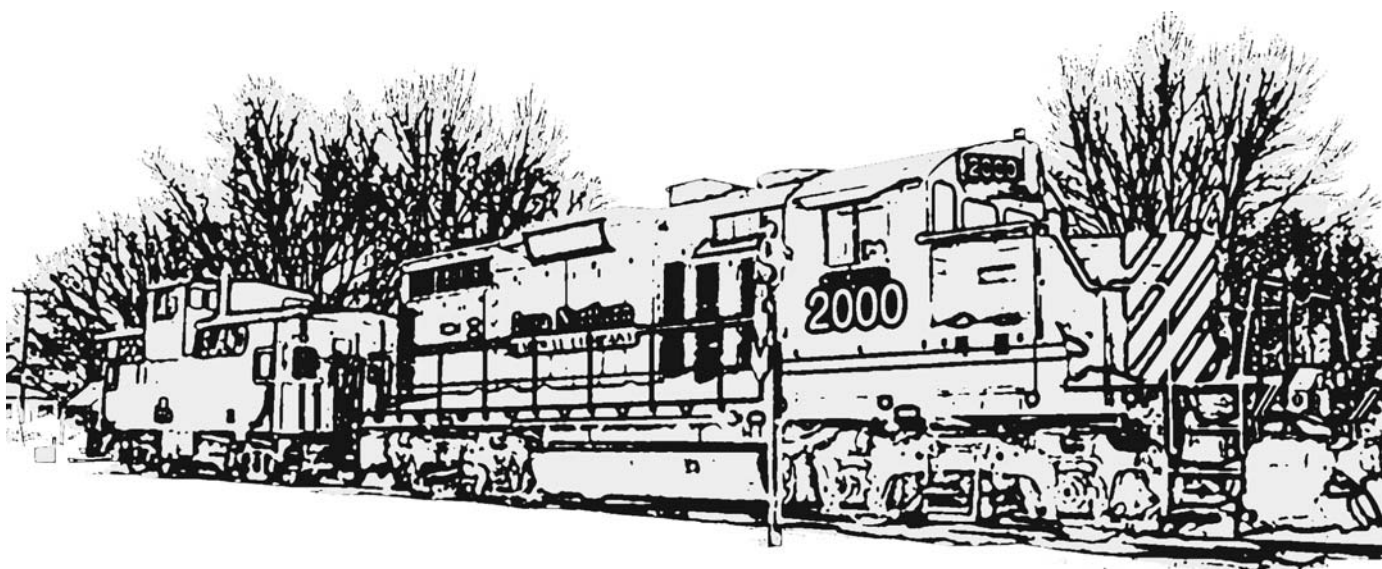
Officially, it wasn't until October 18, 1898 that Manly Junction was incorporated as the Town of Manly;

and then became the City of Manly in August 1973 under the State of Iowa's Home Rule Act.

Today, Manly is a vibrant town on the rebound from the devastating loss during the 1980 liquidation and bankruptcy of the Chicago, Rock Island and Pacific Railroad (CRI&P) which had been running in Manly since acquiring majority control of the BCR&N Railroad in 1885. CRI&P ran it's last train March 31.

Currently the economy of Manly boasts at least seventy unique businesses, including a newspaper, several restaurants, several automotive businesses, two convenience stores, and a whole lot more.

With the 2006 announcement of the Manly Terminal, LLC, an independent ethanol and multi-product truck and railroad reload facility featuring over 20 million gallons of liq-



uids storage capability, the outlook of the economy is nothing if not promising.

An announcement such as this may open the door to the surge Manly experienced in 1913, when the Rock Island Railroad established the Town of Manly as the headquarters for the Minnesota Division.

Offices, shops, and an electric plant created a construction boom in the small town, growing the population from 345 to almost 1,500.

Around the same time construction on the "palms to pines" Jefferson Highway began; it was an integral link from the Gulf Coast to Canada. The Jefferson Highway ran along what is now Broadway Street in Manly.

The schools in Manly have also had a turbulent history beginning in 1878 when the Hungerford School moved into Manly Junction as part of the Lincoln Township School.

The Independent School District of Manly formed in 1886, and then later merged with Hanlontown Consolidated and Plymouth Consolidated in 1959 to form the North Central Community School District.

Even as recently as July of 2006, change again befell the Manly schools, when the North Central School Board voted unanimously to begin whole-grade sharing with the Nora Springs—Rock Falls School District; to form the Central Springs

School District beginning in the fall of 2007.

With the annual celebration of Railroad Ag Days and community organizations such as the American Legion, the American Legion Auxiliary, Boy Scouts, Cub Scouts, Ducks Unlimited, 4-H, Girl Scouts, Brownies, Heather Hill OES, Lions Club, North Iowa Community Action, and the Pioneer Town and Country Club, to name a few, Manly is truly an inviting community.

With the residential development of Sterling Acres north of Manly on U.S. Highway 65, to include the Macer-Dunn Sports Complex and the Manly Family Aquatic Center, there is no stopping the growth of this hub town.

"You have a choice of who cares for you at home."

Worth County



Public Health

Programs funded in part by the Iowa Department of Public Health, the Elderbridge Agency on Aging, and the Susan Komen Foundation

Kensett

"Heart of Worth County"

Population: 280 (2000 census)

Township: Kensett

Founded: 1872

School District: Northwood-Kensett

Like many towns in Worth County, Kensett owes its existence to the expansion of the Central of Iowa Railroad. The serene splendor of the north Iowa landscape was broken in 1872 by the sight and sound of the 'iron horse'.

The beginning of Kensett lies in an unfulfilled promise. Thomas Kensett, a Baltimore oyster packer and a director with the Central of Iowa Railroad, promised that if the town would bear his name he would erect a church building. The church was never built.

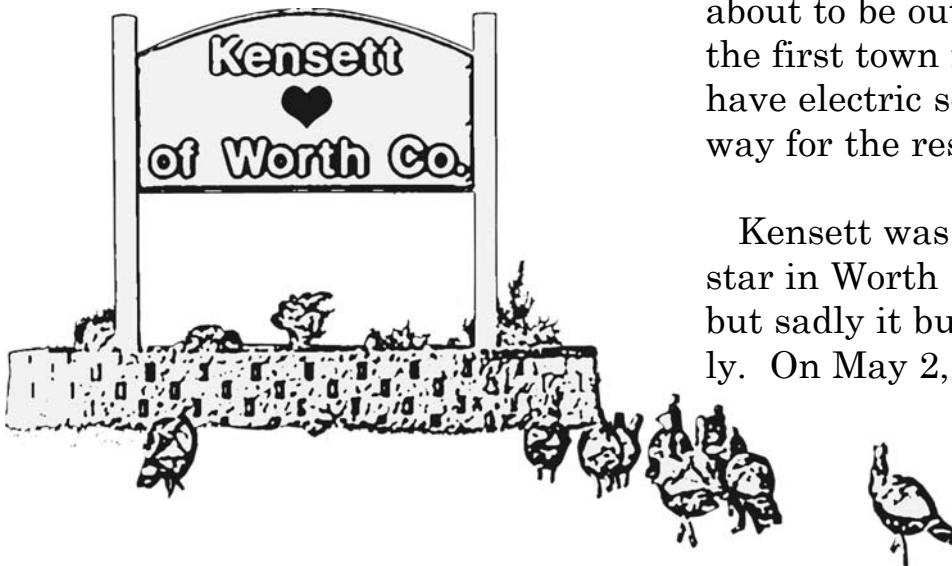
Kensett was a booming town from its inception to the end of the 1890's. During that time Kensett boasted a

creamery, bank, post office, general merchandise store, dry goods store, footwear store, a coal and lumber yard, grain elevators, harness maker, blacksmith, furniture store, several restaurants, implement store, jewelry store, meat market, grocery store, two drug stores, two barbershops, a hardware store, a photograph studio, three churches, and a newspaper. By 1880, Kensett had become the central marketplace in Worth County, truly the "Heart of Worth County," as it's known today.

The Kensett News, the second paper in Kensett, was in its time considered to be the leading newspaper in Worth County. The circulation was 1,700 subscribers, and it was published with the following sub-headings: Manly Chronicle, Joice Review, and Grafton Journal.

As the 'Heart', Kensett wasn't about to be outdone. In 1900 it was the first town in Worth County to have electric service, brightening the way for the rest of the county.

Kensett was literally the brightest star in Worth County at the time, but sadly it burnt itself out... literally. On May 2, 1901 fire destroyed three downtown blocks; twenty-four residences and businesses were



decimated. Many rebuilt, only to be struck again six years later. After the 1907 fire, some businesses rebuilt and some stayed closed forever.

Many businesses came and went throughout the following years, many closed never to re-open. The 20s saw limited growth. The financial turmoil of the 30s devastated Kensett, as it did much of the country. The 40s, 50s, and 60s saw the needs of Kensett being served by larger, nearby cities. To this day, Kensett is a rather quiet town, offering good things to those residents who choose to make their home there.

Today, Kensett still beats strong as the "Heart of Worth County", playing host to the Worth County Highway Department and many businesses, such as; Bratrud Golf, D&L

Equipment, Con-E-Co, Peterson Excavating, Butler Construction, Inc., Chodur Tree Service, Dakin Chiropractic, Faber Farms, HD Specialties, Heart & Sew Quilts, Independent Herbalife Distributors, Kensett Celluspray Corp, Tatoo-You, The In-Between, and Wild Horse Trading, Inc.

Kensett also provides spiritual and community guidance with the Bolan United Methodist Church, Bethany Lutheran Church, Elk Creek Lutheran Church, and organizations like the Izaak Walton League and the Lions Club. The community also enjoys a volunteer fire department, a community center, and a public library.

Bolan



Population: 12 (more or less)
Township: Barton
Founded: 1887

Bolan is named for railroad master Matt Bolan, who was in charge when the Chicago Western Railroad was con-

structed in the area in 1886.

The town's most famous residents are likely those who lived

there in 1989 when the entire population (numbering 16 at the time) appeared on "Late Night With David Letterman."

While not officially a town, the community still gathers and holds events that many official towns do not. That includes the annual Bolan Fall Market and the annual Bolan Bike and Tractor Rides.

Bolan's major business is also it's central historic landmark. The Bolan Schoolhouse Store operates from the former Barton No. 2 Schoolhouse.

Worth County Family Services Directory

ASSISTIVE TECHNOLOGY-INFOTECH

Iowa Compass Information For
People with Disabilities.....800-779-2001

CLOTHING

Affordables, Mason City641-423-7071
Goeken Galleria, Manly641-454-3431
Good Will, Mason City641-421-4167
Opportunity Village General Store,
Clear Lake641-357-5277
Rhonda's Re-Threads, Northwood641-324-2988
Salvation Army, Mason City.....641-424-4031
Share Shoppe, Northwood
Open Thursdays 1:00-4:00 p.m., Saturdays 10-2 p.m.
(No charges for goods, free will donations)

CONFLICT RESOLUTION

North Iowa Dispute Settlement Center.....641-421-3119

COUNSELING

Catholic Charities641-424-9863
800-772-2758
Child & Dependent Adult Abuse.....800-362-2178
Consumer Credit Counseling Service.....641-421-7619
Mason City.866-720-9050
Waterloo Office.....800-487-0661
Crisis Intervention Services.....800-479-9071
Iowa Concern/Rural Concern800-447-1985
Iowa Domestic Abuse Hotline800-942-0333
ISU Extension Services, Worth County.....641-324-1531
Lutheran Social Services641-380-0443
Mental Health Center of North Iowa.....641-424-2075
Prairie Ridge Addiction Treatment Services..641-424-2391

CRISIS SERVICES

Children and Adult Abuse.....800-362-2178
Crisis Intervention Center ..1-800-487-9071; 641-424-9133
Domestic Abuse Hotline800-942-0333
Iowa Concern Hotline.....800-447-1985
Poison Control Center800-221-1222
Salvation Army, Adult Day Health Center.....641-421-2577
State of Iowa Ombudsman ...515-281-3592; 888-426-6283

DENTAL ASSISTANCE

Iowa Dental Elderly Access (Elderbridge).....800-243-0678
Donated Dental Services800-985-0034

DRUGS/ALCOHOL/ABUSE

Alcohol Abuse (24 Hour) Addiction
Info and Treatment800-374-2800
Alcohol Abuse and Crisis Intervention.....800-234-0246

Alcohol Abuse Assessment and Treatment...800-234-0420
Alcohol Abuse Line Crisis Center.....Fax# 800-788-8787
Alcohol/Drug Abuse (24 Hour)
Hotline and Treatment.....800-222-0828
Alcohol/Drug Abuse Hotline.....800-252-6465
Alcohol/Drug Abuse (24 Hour)
Helpline and Treatment800-888-6465
Drug Abuse.....800-274-2042
Drug Abuse and Crisis Intervention800-234-0246
Drug Abuse Assessment and Treatment800-234-0420
Gambling Treatment...1-800-BETSOFF (1-800-238-7633)
Iowa Sexual Abuse Hotline800-284-7821
National Help Line.....1-800-662-HELP
National Child Abuse Hotline800-422-4453
North Iowa AIDS Project.....641-423-0025
Parent HelplineFax# 800-722-1256
Prairie Ridge Addiction Treatment641-424-2391
Quitline Tobacco Cessation.....866-822-6879
Sexual Assault Center641-422-7433
Sexually Transmitted Disease Line
(10 a.m. - 10p.m.).....800-227-8922

EMERGENCY RESPONSE SYSTEMS

Lifeline (Amicare).....1-800-274-5285 Ext. 6456
Telephone Reassurance641-424-9085

EMERGENCY SERVICES

Ambulance Services.....Call 911
Worth County
Emergency Management Agency.....641-324-1535
Worth County Emergency Services641-324-2481
Worth County Sheriff.....641-324-2481
Northwood Police Department641-324-1500
Manly Police Department.....641-454-2114

EMPLOYMENT

AARP888-687-2277
DES Workforce Center.....515-422-1524
Homebound/Handcraft Sales (Easter Seals).515-289-2437
Displaced Farmer Program641-423-5457
IA Vocational Rehabilitation Center641-422-1551
IA Workforce Development Center641-422-1524
Provides Job Training Partnership and Older Worker Specialist

FINANCIAL ASSISTANCE/COUNSELING

Child Support Recovery.....888-229-9223
Department of Human Services.....641-424-8641
Family Resource Center641-423-7766
Low-Income Home Energy
Assistance Program641-423-7766

(Continued Next Page)

Worth County Family Services Directory

FINANCIAL ASSISTANCE/COUNSELING *(Continued)*

North Iowa Community Action (energy assistance)	641-423-8993 800-657-5856
Rent Reimbursement (Elderbridge)	641-424-0678 800-243-0678
Rent Reimbursement (forms).....	641-324-2942
Salvation Army	641-424-4031
Social Security.....	641-423-4325; 800-772-1213
Disabled Vets Benefits	202-554-3501
Veterans Affairs and Benefits.....	800-827-1000
Veterans Affairs, Kensett	641-845-2974
Veterans Affairs, Manly	641-454-2107
Veterans Affairs, Northwood	641-324-2797
Worth, Hancock, Winnebago County Social Services	641-585-2340

GENERAL INFORMATION

Elderbridge Agency on Aging.....	641-424-0678 800-243-0678
Finances/Legal Issues (Iowa Concern)	800-447-1985
Home and Family Questions, ISU Extension	800-262-3804
ISU Extension, Worth County.....	641-324-1531
Relay IA Hearing Disabilities Phone Assistance	800-877-8339

HEALTH INFORMATION/COMMUNITY SERVICE

Alzheimer Association	800-738-8071; 515-263-2464
Family Health Line	641-422-7777; 800-468-0050
Alzheimer's Disease Hotline	800-272-3900
American Cancer Society	877-422-9055
American Diabetes Association.....	1-800-DIABETES
American Heart Association	641-424-5112
American Kidney Foundation.....	800-622-9010
American Lung Association	800-586-4872
Ask-A-Nurse	800-468-0050
Cancer Information Services	800-422-6237
Handicapped and Disabled Person Assistance Info.....	641-423-6237
Hospice of North Iowa	641-422-2200
Medicare Information	800-392-3070 515-245-4690; 800-532-1285
Mental Health Center, North Iowa.....	641-424-2075
National Arthritis Foundation	800-283-7800
North Central Human Services	641-444-7333
North Iowa AIDS Project	641-423-0025
North Iowa Transition Center	641-424-8708 641-424-8180
Planned Parenthood of Greater Iowa	800-230-7526

Pregnancy Services, Family Service, Health Information, and Referral Services NICA.....	800-735-2942
Poison Control Center	800-222-1222
Public Health Nursing Service.....	641-324-1741
Veterans Benefits.....	800-827-1000

HOME MAINTENANCE ASSISTANCE

Rural Development Housing Improvement ..	641-648-2533
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HOME NURSING AND HEALTH EVALUATIONS

Amicare Home Healthcare	641-421-6444; 800-274-5285
Breast/Cervical Cancer Early Detection Program	641-324-1741; 800-765-1388
Continuing Care Project	641-424-0678; 800-243-0678
Silver Advantage (North Iowa Mercy).....	641-422-7214
Public Health Nursing/Home Care.....	641-324-1741
Senior Health Clinics	641-324-1741

HOME/PERSONAL CARE/HOUSEKEEPING

Amicare Home Healthcare	641-421-6444; 800-274-5285
Homemaker/Home Health Aid Service	641-324-1165 800-765-1388

HOUSING ASSISTANCE

North Iowa Regional Housing Authority	641-423-0897
HUD - Regional Information	515-284-4512
Iowa Finance Authority.....	515-281-4058
USDA Rural Housing	515-332-4411
Iowa Falls	641-648-2533

HOUSING OPTIONS (Rents Vary)

Circle Terrace Lodge, Assisted Living Manly	641-454-2223
Friendship Village, Manly	641-423-0897
*Lutheran Retirement Home, Northwood	641-324-1712
Breen Alzheimer/Memory Unit.....	641-324-1712
*Manly Care Center	641-454-2223
*Manly Care Center Alzheimer Unit	641-454-2223
Maple Court Apartments, Northwood.....	641-324-1712
Viking Manor, Northwood.....	641-444-4075
Villa Woods Apartments, Northwood.....	641-444-4075
*Nursing Home	

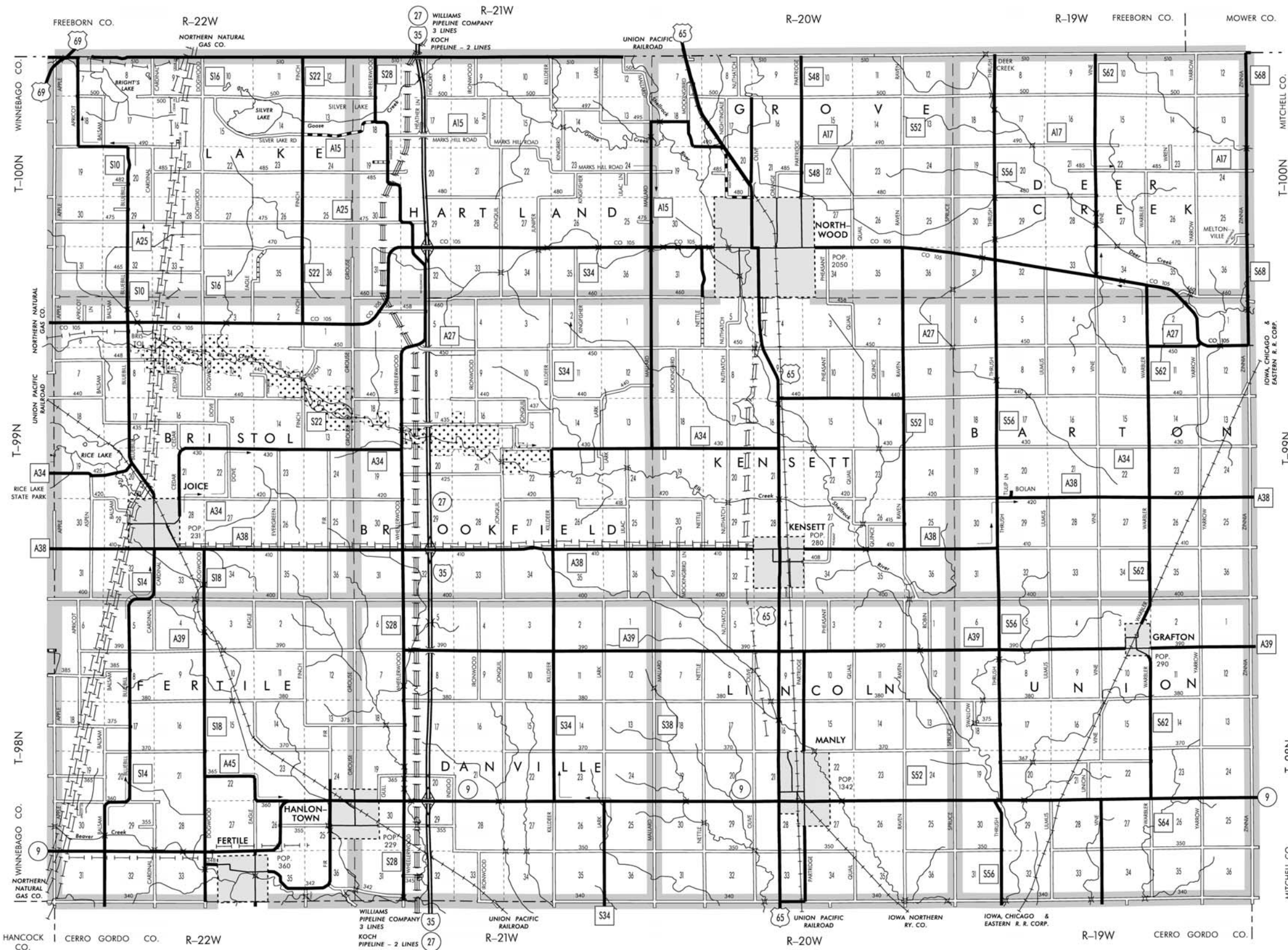
INSURANCE COUNSELING

S.H.I.L.P. (Elderbridge).....	641-424-0678; 800-243-0678
Northwood	641-324-1741

LEGAL ASSISTANCE

Lawyer Referral.....	800-532-1108
Legal Service Corporation of Iowa	641-423-4651 1-800-392-0021

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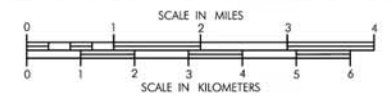


HIGHWAY AND TRANSPORTATION MAP WORTH COUNTY IOWA

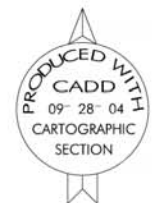
Prepared By
 **Iowa Department of Transportation**

Phone (515) 239-1282
 In Cooperation With

United States
 Department of Transportation



JANUARY 1, 2004



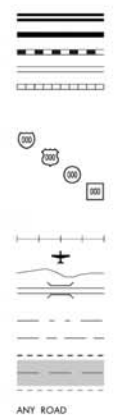
LEGEND

DIVIDED HIGHWAY
 PAVED ROAD
 BITUMINOUS ROAD
 GRAVEL ROAD
 EARTH ROAD

INTERSTATE HIGHWAY
 UNITED STATES HIGHWAY
 STATE HIGHWAY
 COUNTY HIGHWAY

RAILROAD
 AIRPORT
 HYDROLOGY
 BRIDGE

STATE BOUNDARY
 COUNTY BOUNDARY
 CORPORATE LIMIT LINE
 TOWNSHIP LINE
 SECTION LINE
 ROAD NAMES



Worth County Family Services Directory

LEGAL ASSISTANCE *(Continued)*

Legal Hotline for Older Iowans800-992-8161
Iowa Concern Hotline.....800-447-1985

MEDICAL

Free Eye Care Over 65.....1-800-222-EYES (3937)
Hearing Help Line
(Better Hearing Institute)800-327-9355
Hearing Aid Helpline.....800-521-5247
Prevent Blindness Iowa.....800-329-8782
Relay IA Hearing Disability
Phone Assistance800-877-8339
Iowa Dept. for the Blind800-362-2587
Northwood Lutheran Therapy Clinic.....641-423-4985

MEDICAL EQUIPMENT

Amicare Home Healthcare641-421-6444; 800-274-5285
Farm Loan Closet - Easter Society515-289-1933
Home Medical Supplies, Charles City.....800-662-5365
Veterans Loan Closet.....641-324-2797
American Home Patient.....800-765-1704

MEDICAID

Department of Human Services641-424-8641
641-424-9977
Medicaid Recipient Services800-392-2161

MEDICARE

Medicare Partners (Elderbridge).....641-424-0678
800-243-0678
Medicare Information800-392-2161
Social Security.....641-423-4325; 800-772-1213

MEDICATION ASSISTANCE

Department of Human Services641-424-8641
Medication Assistance Program641-424-0678
800-243-0678
Social Security Administration.....800-772-1213

NUTRITION

•ASSIST WITH MEAL PREPARATION

Amicare Home Healthcare641-421-6444; 800-274-5285
Home Care Aide641-324-1165

•FOOD

Department of Human Services
(call collect)641-424-8641
Hawkeye Harvest Food Bank
(voucher needed).....641-424-3073
Manna of Worth County, Northwood641-324-2597
Richard Davis at 641-324-1651 or 641-324-1673

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•MEALS

SENIOR DINING SERVICE (Congregate Meal sites)
Manly641-454-2145
Northwood641-324-1244
SHARE, Mason City.....641-243-2927

POLITICAL CONTACTS

Sen. Charles Grassley319-232-6657
210 Waterloo Bldg. 531 Commercial Street
Waterloo, IA 50701
Sen. Tom Harkin319-365-4504
150 1st Avenue N.E. Suite 370
Cedar Rapids, IA
Rep. Tom Latham.....515-232-2885
1421 South Bell Avenue Suite #108A
Ames, Iowa 50010

RESPITE CARE

Adult Day Health Center.....641-421-2577
Amicare Home Healthcare641-421-6444; 800-274-5285
Homemaker/Home Health Aide Service641-324-1165
Lutheran Retirement Home Adult Day Care 641-324-1712
Lutheran Retirement Home Respite Care.....641-324-1712
Manly Care Center Adult Day Care.....641-454-2223

SOCIAL/RECREATIONAL

Manly Senior Citizen Center641-454-2145
Northwood Senior Citizens Center.....641-324-1244
Silver Advantage.....641-422-7214

SUPPORT GROUP INFORMATION

Alcoholics Anonymous, Northwood.....641-324-1360
Family Health Line641-323-7777; 800-468-0050

TAX ASSISTANCE

Income Taxes/VITA Volunteers.....641-423-1502
Property Tax Credit641-421-3035
Rent Reimbursement..(See *FINANCIAL ASSISTANCE*)

TRANSPORTATION

American Cancer Society
(Road to Recovery)641-421-1502
NIACOG Regional Transit System.....641-423-0491
Northwood City Taxi.....641-324-1075; 641-324-1387
Manly City Taxi (Worth County Transit)641-324-1741
Worth County Transit
For any transportation reason641-324-1741
Silver Advantage Tickets800-433-3883, Ext. 7229
Cancer Center Tickets1-800-433-3883

(Continued Next Page)

Worth County Family Services Directory

VOLUNTEER OPPORTUNITIES

Elderbridge Agency on Aging.....	641-424-0678
	800-243-0678
RSVP (Retired Sr. Volunteer Program)	641-357-6125
	800-392-6640
SHARE Iowa	800-344-1107
Mason City	641-423-1502
Forest City.....	641-585-2561

CHILDCARE PROVIDERS IN WORTH COUNTY AREA

Kristen Anderson, Fertile, Registered	641-797-2615
Sandra Scholbrock, Hanlontown, Registered....	641-896-3148
Betty Waddington, Hanlontown, Registered.....	641-896-2445
Melissa Bonner, Kensett	641-845-2178
OnaLee Van Heiden, Lake Mills, Registered.....	641-592-5740
	641-390-0945
Victoria Benhart, Manly, Registered	641-454-2840
Louise Galbraith, Manly.....	641-454-2570
Sherri Hutzel, Manly.....	641-454-3085
Cindy Pokorney, Manly	641-454-2385
Project Childcare, Manly, Licensed	641-454-2137
Dee Samuelson, Manly, Registered	641-454-2615
Jodie Bachtle, Northwood, Registered	641-324-1915
Robin Bauers, Northwood, Registered	641-324-2925
Linda Coonrod, Northwood	641-324-1008
Carolyn Goeders, Northwood	641-324-1536
Wanda Love, Northwood	641-324-1675

Mary Jo Luebbert, Northwood, Registered.....	641-324-2583
Sharron Petznick, Northwood	641-324-2993
Barb Reindl, Northwood, Registered	641-324-1848
Melissa Thofson, Northwood, Registered.....	641-324-3253
Jennifer Wahl, Northwood, Registered	641-324-3060
Linda Moore, Plymouth, Registered.....	641-696-5539

SCHOOLS

Northwood-Kensett East Elementary.....	641-324-2021
Northwood-Kensett West Elementary.....	641-324-1127
Northwood-Kensett High School.....	641-324-2142
North Central Manly High School.....	641-454-2208
North Central Manly Elementary.....	641-454-3283
Grafton Alternative School	641-748-2211
Children's Garden Preschool.....	641-324-1127

COUNTY OFFICES

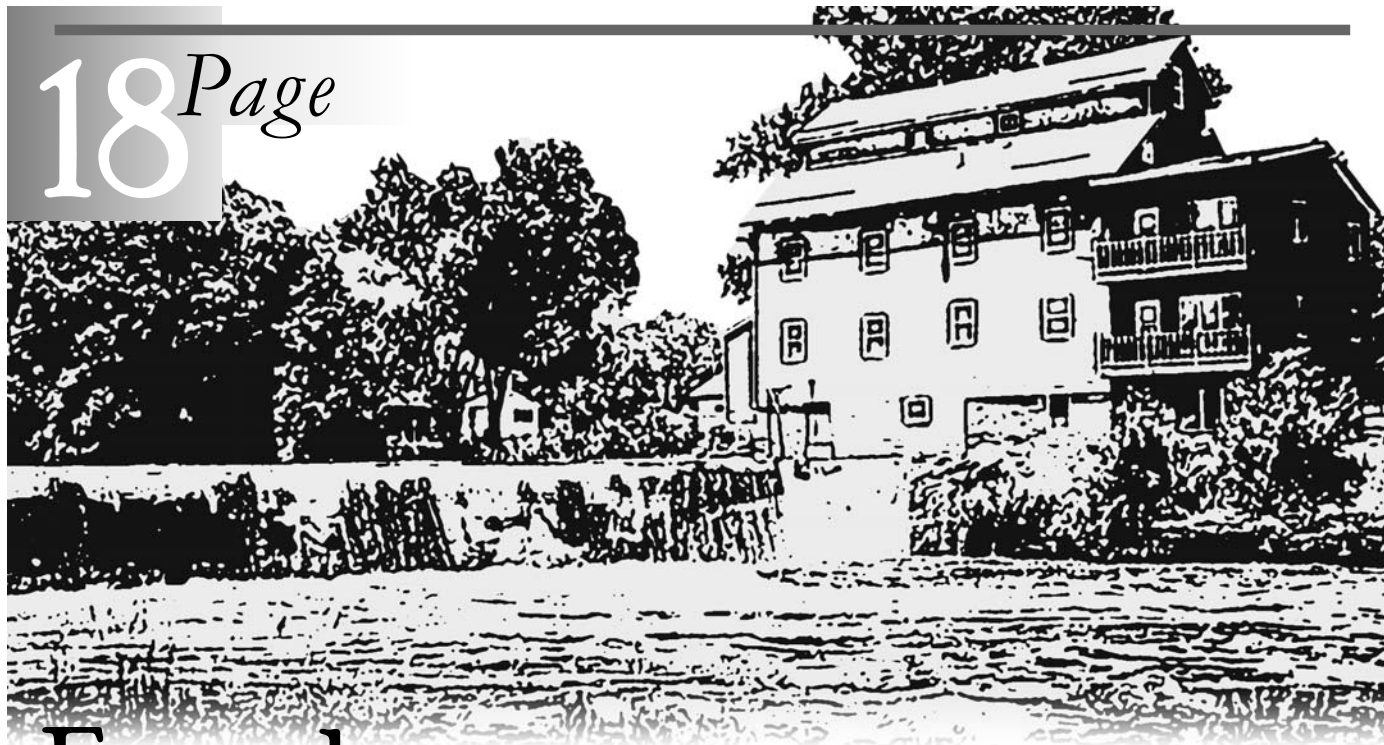
Assessor	641-324-1198
Attorney.....	641-324-1291
Auditor.....	641-324-2316
Board of Supervisors	641-324-2316
Conservation.....	641-324-1524
Emergency Management Services.....	641-324-1535
Engineer.....	641-324-2154
Recorder.....	641-324-2734
Treasurer	641-324-2942



*Northwood
and Worth
County's
Community*

Newspaper Since 1869

801 Central Ave., P.O. Box 107, Northwood, IA 50459
ph. (641) 324-1051 • fax (641) 324-2432
email: anchor@myclearwave.net



Fertile

Population: 360 (2000 census)

Township: Fertile

Founded: 1856

School District: Forest City

Fertile's founding can be traced back to the enterprising spirit of one young man. At age 19, William Rhodes traveled to the Fertile area from Canada via Charles City. While resting in Mason City on his journey, he learned of a prospective site for a mill. Rhodes became determined to own the site. He made the appropriate arrangements and bought the necessary equipment, arriving at the site of what would become Fertile on Aug. 6, 1856. Rhodes completed his cabin and then proceeded to set out to dam Lime Creek (now the Winnebago River).

Several settlers followed, taking

advantage of the abundant timber available for homes and its location along a stream. While the increasing number of settlers and businesses quickly grew into a thriving community, the town was not officially incorporated until April 17, 1908.

Today the William Rhodes Island Park is home to the dam that used to run his mill. Rhodes' original cabin is also located here. On one side of the park flows the Winnebago River. On the other side flows a creek. The park also contains a horseshoe court, tennis court, shelter houses, playground equipment, a bandstand and a monument honoring Fertile area veterans.

The Fertile Mill still stands next to the dam but has since been turned into a home and antique shop.

The annual event honoring Fertile's rich history, Fertile Days, is celebrated in the first weekend in

August, with favorite activities including a parade and tractor pull.

Fertile's first school started with five students in 1860. A brick building to house Fertile schools was built in 1917. The Fertile School District ended in 1962, when it joined with Forest City Schools. Classes were still held in Fertile until 1981. The building, including a gymnasium that was added in 1939, was given to the town. In 2003, fire destroyed the gym.

The most prominent of Fertile's favorite sons is Leo Elthon, a 1917 graduate of Fertile High School. Elthon served in state politics for 20 years, including several terms in the Iowa Senate, several terms as

Lieutenant Governor and finished the term when Governor Wm. S. Beardsley passed away.

Many businesses call Fertile home today, including Larsen's Plumbing and Heating, Burtness-Lundgren Plumbing and Heating, Cherrytree Builders, Butcher's Steakhouse, Downtown Cafe, Crescent Moon LLC, Thompson's Garage, Plastic Injection Molders Inc., Five Star Coop., Frosted Dolphin Antiques, Gail's Beauty Salon and Personal Touch Beauty Salon.

Fertile is also served by a volunteer fire department, library and post office.

Grafton

Population: 290 (2000 census)

Township: Union

Founded: 1878

School District: St. Ansgar Community School District

Not unlike many other Worth County towns, Grafton owes so much of its history to the railroads that crisscross this great state. The town was platted in 1878 by a man known today only as Mr. White, a surveyor for the Chicago, Milwaukee and St. Paul Railroad Co. The town received its name from the railroad, and the same year it was platted it became a station.

In 1877, before the town of Grafton was thought of or platted, Bassett, Huntling and Co. built the first grain warehouse in the area. The first building in Grafton was built in February of 1878 by August Ueker, it



opened as a saloon.

Growing quickly, J. Frink built the first residence in town, G.R. Brooks built the first store, and Gitchrist & Co. erected a second grain warehouse. The postal service was soon in Grafton, establishing a post office in 1878 in the home of James Sherman, the first postmaster.

It wasn't until 1896 that Grafton was incorporated, becoming an official Iowa town. As did many towns, Grafton saw unrestrained growth throughout the next decades.

Today Grafton boasts a strong local economy, offering a grocery store, car dealership, bank, insurance agency, beauty salons, restaurant and bar, welding shop, grain elevator, auto body shop, building contractors, and a hall available for receptions and the like.

The cornerstone of civic pride is the Grafton Heritage Depot, a landmark on the National Register of Historic Places and a testament to the rich history of the railroad in rural Iowa. The community maintains a public library, community center, athletic club, walking club, ball diamond, sand volleyball courts, a city park, playground equipment, a children's wading pool, a stone shelter house and fireplace, volunteer fire department and first responders.

Providing spiritual rejuvenation,

the Lutheran Church in Grafton is host to a priceless hand carved altar by world renowned German artist, Alois Lang. The altar, depicting The Last Supper, is only one of three commissioned in the world.

Although the Grafton Independent School District merged with the St. Ansgar Community Schools in 1961, the city of Grafton isn't left out of the loop. The Grafton Community Center houses the Alternative School, sponsored by the St. Ansgar Community School District. The Alternative School supports students from five local school districts.

If you want to "enjoy the best butter-basted turkey sandwiches around," head to Grafton Turkey Days. The annual celebration is held the third Saturday of July. The celebration consists of softball and volleyball tournaments, women's 5K fun walk/run, parade, food, depot museum tours, car show, bingo, display at the library, street dance, and many other venues throughout the day.

Another source of entertainment for Grafton has been the "Adult Prom". Held for the past five years, the prom takes place in the Grafton Community Center the first Saturday in March. The event includes beautiful decorations, food, libations, and dancing.

Hanlontown

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Population: 229 (2000 census)

Township: Danville & Fertile

Founded: 1899

School District: Central Springs (2007)

Hanlontown is one of several Worth County communities that owes its history to railroad expansion.

The Iowa-Minnesota and Northwestern railroads buildup brought the first residents to the Hanlontown area.

The town was named for Frank J. Hanlon, who was the secretary of the firm that laid out the town site.

Another notable aspect of Hanlontown is the fact that its main street is the boundary between Danville and Fertile Townships.

Hanlontown's biggest annual event is also con-

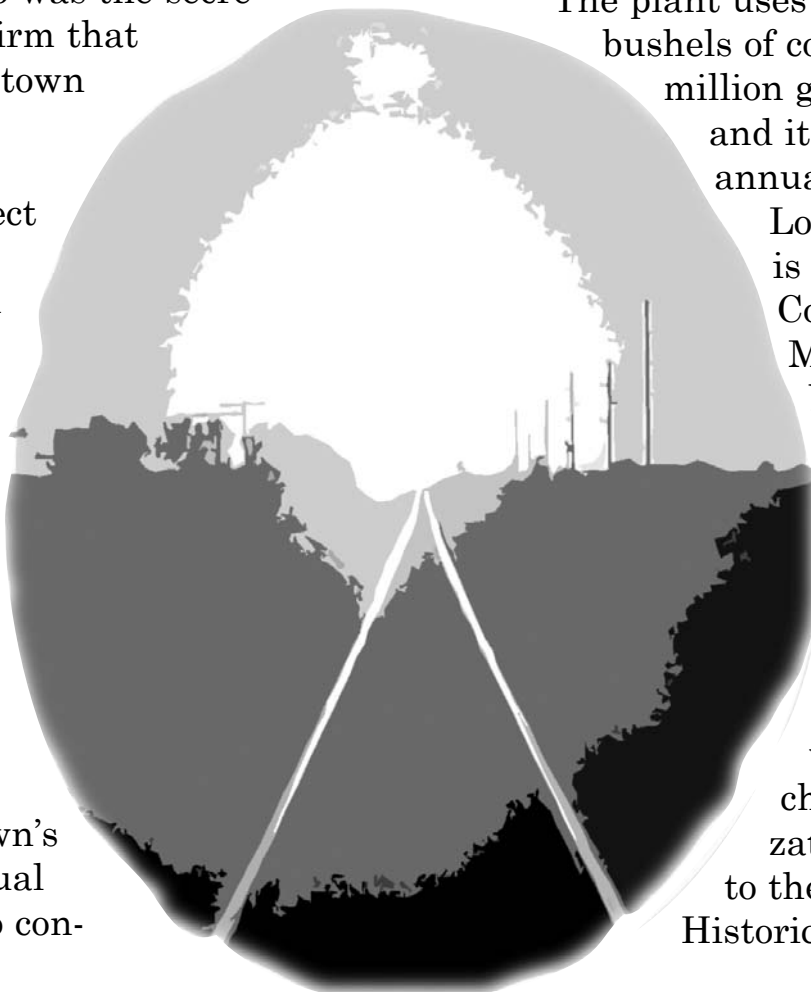
nected to its railroad history. Every year the community and

visitors celebrate the first day of summer with "Sundown Days." The several days of activities center around sun setting between the railroad tracks at the Hanlontown depot site. Parades, tractor pulls, games, meals and more lead up to an annual bike ride and ice cream as people gather around to see the setting sun.

The Hanlontown area is also a home to one of Worth County's burgeoning alternative energy offerings. Near the city is Iowa Ethanol, LLC.

The plant uses 16 million bushels of corn to produce 45 million gallons of ethanol and its byproducts annually.

Located downtown is the Hanlontown Community Bank Museum, designed by architect Einar Broaten. The bank opened in 1920 and closed in 2000. After its closing, the bank building was purchased by charitable organizations and donated to the Worth County Historical Society.



It is operated by the Preserve Our Past committee. The interior features a community museum, souvenir shop and social center facilities.

The Hanlontown Park became a reality in 1905. Over the years, a bandstand was added, which was then replaced with a large cement platform. Picnic, shelter areas and playground equipment make the Hanlontown Park a popular recreational area.

The first Hanlontown area school began in 1901 when Danville District No. 9 and southeastern district of

Fertile Township moved to the town. On May 19, 1917, Hanlontown became an independent school district. Twelve grades were taught in Hanlontown until February 16, 1959, when the Hanlontown School District joined the North Central School District.

Businesses that call Hanlontown home today include Brattrud Appliance, Colby Pioneer Peat Company, Five Star Cooperative, Food N Fuel gas station, Frank's Repair, Haugen Lawn Service, Mobility RV, Sandry Fire Supply, Sun's Up Tanning and Westside Daycare.

Joice

Population: 231 (2000 census)

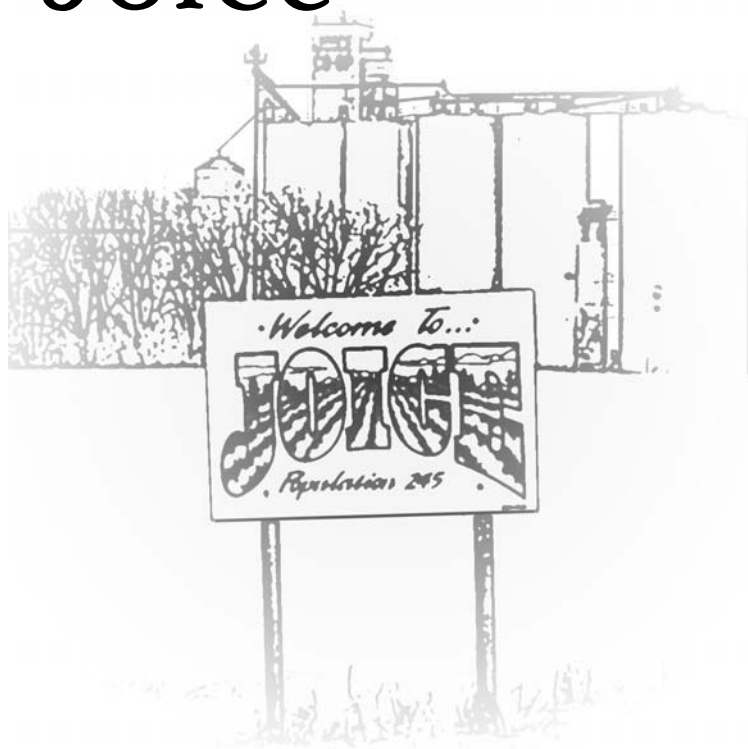
Township: Bristol

Founded: 1899

School District: Lake Mills

Although people had settled in and around what was to become Joice long before its official founding; it, like many Worth County towns, owes its growth and thriving to the advent of the railroad.

Platted in October of 1899, and incorporated on April 12, 1913, the town can trace its name to P.M. Joice, a Lake Mills banker and member of a group of gentlemen who had foreseen the opportunity and purchased land for town sites at favorable locations along the railroad.



EMERGENCY AND DISASTER PREPAREDNESS

An emergency or disaster will come unexpectedly. The best way to handle the unexpected situation and survive is to take the necessary steps to be prepared.

Plan in Advance

- For an emergency
- For a disaster

Basic Supplies (should have enough for three days):

- Water (one gallon per person per day)
- Food (canned and dried foods)
- Clothing (sleeping bag, warm clothes, blankets)

Emergency Supply Kit

Flashlight	Battery Powered Radio	First Aid Kit
Extra Batteries	Toilet Articles	Can Opener

Clean Air Preparation

1. In case of debris in the air or if the air is contaminated, plan to have something for each member of the family that covers their mouth and nose.
Examples-use layers of cotton t-shirts, handkerchief or a towel, or purchase filter masks, available at hardware stores.
2. Include duct tape and heavyweight garbage bags or plastic sheeting that can be used to seal windows and doors if needed.

Make a Family Communication Plan

1. Plan how you will contact one another and review what you will do in different situations.
2. Create a Plan to "Shelter-in-Place"
 - Meet at home or other specific place.
 - Bring family and pets inside the house.
 - If air contamination is likely, consider using an interior room and seal doors, windows and vents; turn off air conditioning, forced air heating systems, exhaust fans, and dryers.
 - Keep informed via TV, Internet, or Radio.

3. Create a Plan to "Get Away"

- Plan in advance how you will assemble your family and where you will go.
- Keep a half tank of gas in your car at all times.
- Become familiar with alternate routes.
- If the air is contaminated, keep the car windows and vents closed; keep air conditioner and heat turned off.

4. Plans at School and Work

- Talk to school teachers about their emergency and disaster plans.
- At work - know the emergency and disaster plans.

Be Informed and Alert

1. Report suspicious activity to law enforcement
2. Use common sense
3. Don't approach
4. Write down a description
5. Stay calm

Specific Terrorist Threats

1. Biological Attack - is the deliberate release of germs or other substances that can make you sick. Many agents must be inhaled, enter through a cut in the skin or eaten to make you sick.
2. Chemical Attack - is the deliberate release of toxic gas, liquid, or solid that can poison people and the environment.
3. Nuclear Blast - is an explosion with intense light and heat, a damaging pressure wave and widespread radioactive material that can contaminate the air, water, and ground surfaces for miles around.
4. Radiation threat or "Dirty Bomb" is the use of common explosives to spread radioactive materials over a targeted area.

Be prepared to adopt this information to your personal circumstances and make every effort to follow instructions received from authorities on the scene. Above all, stay calm, be patient and think before you act. With these simple preparations, you can be ready for the unexpected.

The U.S. Department of Homeland Security has provided the above information on their web site for communities to use and be prepared. If you would like additional guides for preparedness, access the following web site: www.ready.gov

'Butt's-Out' in Worth County

You probably already know that smoking is bad for your health. But, you may not realize that breathing the smoke from someone else's cigarette, pipe, or cigar also has serious health consequences. Every year secondhand smoke causes nearly 3,000 lung cancer deaths in nonsmokers. Breathing secondhand smoke reduces the amount of oxygen that gets to your heart, making your

heart work harder to get the oxygen it needs. More than 126 million *nonsmoking* Americans continue to be exposed to secondhand smoke in workplaces and public places. Almost 60 percent of U.S. children 3-11 years or almost 22 million children are exposed to secondhand smoke. Below is a list of establishments in Worth County that are smoke-free.

Worth County Smoke Free Establishments

The businesses listed below have indicated that they are a smoke free establishment.

Restaurants:

Signatures Restaurant, Northwood

Daycares:

Playschool Preschool & Childcare,

Northwood Westside Daycare,

Hanlontown PitterPatter Daycare, Manly

Ruth Samuelson Daycare, Manly

Carolyn Goeders Daycare, Northwood

Nana's Daycare, Northwood

Jodie Bachtel's Daycare, Northwood

Kathy Pals Day Care

Countryside Child Care, Northwood

Teddy Bear Learning Center, Hanlontown

Businesses:

ADA Enterprises, Inc., Northwood

BMO's Restaurant, Manly

Bishop Energy Engineering, Northwood

Bratrud Appliance, Hanlontown

Bride Colonial Chapel, Manly

Casey's General Store, Manly

Casey's General Store, Northwood

Cherry Tree Builder, Fertile

City of Joice

City of Northwood

Conner Colonial Chapel, Northwood

Dewey Kruger Music, Northwood

Fallgatters Market, Northwood

Fertile City Hall, Fertile

Five Star Co-op, Kensett

G & D Bratrud Independent Herbalife
Distributors, Kensett



Gail's Beauty Shop, Fertile

Grafton Community Center, Grafton

Grafton Oil Co., Grafton

Grafton Public Library, Grafton

Greve Law Office, Northwood

Hanlontown City Clerk's Office,
Hanlontown

Iowa Ethanol, Hanlontown

Joe's Collision and Performance, Manly

Joice Public Library, Joice

Larsen Plumbing/Heating Inc., Fertile

Lutheran Retirement Home

Mad-Gaard Construction, Northwood

Main Street Treasures, Northwood

Manly Junction Signal, Manly

Manly Nursing and Rehabilitation Center

Mercy Family Clinic, Northwood

North Central Community School, Manly

Northwood Ag Products, Northwood

Northwood Anchor, Northwood

Northwood Equipment, Northwood

Northwood Fast Stop, Northwood

Northwood Foods, Northwood

Northwood Insurance Agency, Northwood

Northwood Meals on Wheels, Northwood

Northwood-Kensett Community Schools

NSB, Northwood

Paul Krull Financial, Northwood

Randall Transit Mix, Northwood

Top of Iowa Welcome Center, Northwood

Ver Helst Snyder Drug, Northwood

VSR Financial, Northwood

Wise Auction Service, Manly

Worth Brewing Co.

Worth County Extension Office

Worth Joining Generations Mentoring
Program

Worth County Abstract Co., Northwood

Worth County Conservation Board,
Northwood

Churches:

Bethany Lutheran Church, Joice

Northwood United Methodist Church

Bethlehem Lutheran Church, Manly

Grace Lutheran Church, Hanlontown

First Lutheran Church, Northwood

If you would like to become a smoke free establishment, contact Worth County Public Health. There is no fee involved and free signage is available.

Circle Terrace Lodge

Assisted Living

New to Manly!!

- *24 Hour Nursing Available*
- *Personal Emergency Response System*
- *3 Delicious Meals a Day*
- *Social Activities and Beautiful Fireplace Room — Free for Personal Gatherings*
- *Studio Apartment for One or Two People*
- *Spacious Modern Bathrooms*
- *Housekeeping*
- *On Site Therapy Available*
- *Impeccable Service*
- *Warm and Knowledgeable Staff*

641-454-2223

Call for your tour today!!

Located behind Manly Care and Rehab Center

Worth County Public Health Homemakers & Transit



Stephanie Bachman and Kristie Parks introduce Kate Thompson to Worth Joining Generations Mentoring Program.



Diane Myli, RN, provides a senior health assessment for Mary Johnson at the Public Health Office.



Lisa Hartman, RN, visits Elaine Jacobs in her home to check her vital signs.



Jim Stehn, Transit Driver, is available to take patients to doctor appointments or anywhere residents want to go.



Edie Prazak assists Rosanna McNally at her home in Manly.

Home Health Aide Service includes:

- Personal Care
- Light Housekeeping
- Meal Planning
- Help with Exercise
- Working with Families and Children

Worth County



Public Health

641-324-1741 · 800-765-1388



Shane Buenzow takes a water sample to test that it is safe to drink.

**Worth County tax
dollars at work**

Our Nursing Services Include:

- Dressing Changes
- Catheter and Colostomy Care
- Blood Draws for Lab Test
- Injections
- Education
- Immunizations
- Medication Management
- Lead Testing
- Breast and Cervical Cancer Program
- Assessment and Evaluation following Hospitalization